

PRESENTATION

Preventing gender-based violence through gender equality in sport

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**Our
Watch**

Preventing violence
against women

About Our Watch

Our Watch is the **national leader** in the primary prevention of violence against women in Australia.

We work with businesses, governments and communities to drive **long-term cultural change** where people live, work, learn and play.



Where to go if you need help

1800RESPECT
NATIONAL SEXUAL ASSAULT, DOMESTIC
FAMILY VIOLENCE COUNSELLING SERVICE

 1800 737 732

 **Men's Referral Service**
Operated by No to Violence

 1300 766 491



Australian
Human Rights
Commission

 1300 656 419

13 YARN

 13 92 76



 1800 184 527

OurWatch

We've made some great progress towards gender equality in Australian sport...

...but discrimination, disrespect and inequality still occurs across our sporting community.



Why it is important for sport to be equal?



Men's violence against women is **serious** and **prevalent**.

1 in 2

women have experienced **sexual harassment** in their lifetime.

1 in 3

women have experienced **physical violence** by a partner, other known person or a stranger since the age of 15.

1 in 4

women have experienced **emotional abuse** by a current or former partner since the age of 15.

1 in 5

women have experienced **sexual violence** since the age of 15.

Source: ABS Personal Safety Survey 2021-22

Violence against women is driven by gender inequality

Driver 1.

Condoning of violence against women

“She was pretty drunk, what did she expect?”

Driver 2.

Men’s control of decision-making and limits to women’s independence in public and private life

“He’s just got more skin in the game.”

Driver 3.

Holding strict views about what it means to be a man or a woman

“Man up and stop being soft!”

Driver 4.

Men bonding with each other by **disrespecting women and others**

“The boys just need to let off a bit of steam.”

Gender inequality and intersecting forms of discrimination sit beneath the surface



The power of sport to prevent violence against women

- Sporting organisations and clubs have an important role to play – sport can help drive change.
- Every conversation, policy and action can reinforce or challenge behaviours that drive violence.
- As a society, we want our sporting clubs to be safe, equal and welcoming for all.



What can sports clubs and organisations do?



Promote Gender Equality through leadership, visibility, active encouragement and training



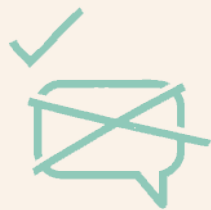
Challenge Gender Stereotypes in participation, language, roles and communications



Ensure Equal Access to facilities and scheduling, and reduce barriers to engagement and participation



Build Support Networks through mentoring and positive role models



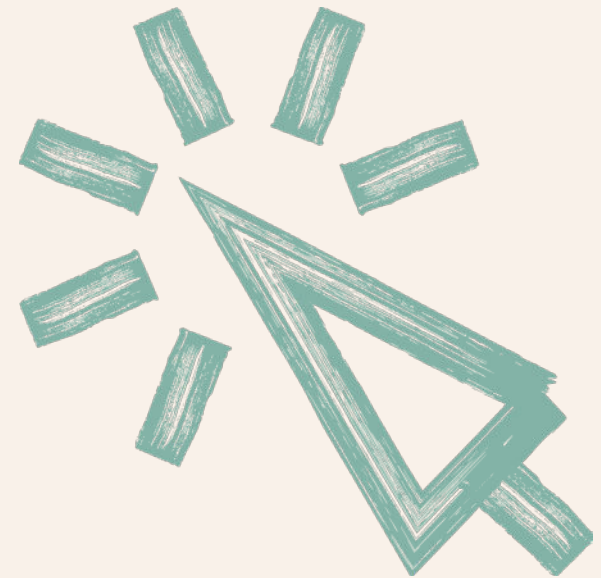
Foster Safe Spaces by implementing clear policies, set a standard of zero tolerance and encouraging people to speak up



Engage Men and Boys in efforts to address inequality

More information

Free tools and resources can be found on the Our Watch website
www.ourwatch.org.au/sport





Thank you